

THRIVING WELD SUMMIT: 2017 ROUNDTABLE DISCUSSION SUMMARY

RECAP

- Two questions were asked:
 - Question 1: What does a “healthiest community” mean to you?
 - Question 2: How can you and your organization help make Weld County a “healthiest community”?
- There were 95 comments cards collected and analyzed. 194 coded comments for question 1 and 119 coded comments for question 2.
- All three priority area themes were mentioned in the comments. There were 25 references related to mental well-being, 15 references related to healthy eating, and 7 references related to physical activity.

QUESTION 1: WHAT PARTICIPANTS VALUE

Count	Theme
33	Access to health promoting environment, resources, or healthcare
26	Environment that is supportive to the built environment, safe, and clean
24	Health equity and inclusiveness for all demographic and geographic groups
11	Health promoting culture
11	Wholistic/integrated health
10	Economic health and opportunities
9	Personal connections among neighbors, families, and community members
8	Organizational connections, networking, and collaboration
5	Measurement tracking and meeting targets
4	Positive emotions (engaged and happy people)
3	Adaptability to changing issues
2	Overcoming mental health stigma

QUESTION 1 TOP THREE THEMES: A HEALTHIEST COMMUNITY MEANS.....

- 1. ACCESS** – There were 33 references to this theme. About 25% of the references were primarily related to access to healthcare, another 25% were primarily related to having access to a health promoting environment, another 25% mentioned access to healthcare and a health promoting environment, and the remaining 25% did not specify what they meant by access. A few comments made were:
 - “Everyone has access to a safe and healthy environment and access to available services to promote mental and physical health and wellbeing.”
 - “... all community members have access to the resources to achieve optimal health; spiritual, emotional, occupational, behavioral, medical.”
 - “....[to have an] accessible built environment that facilitates healthy active lifestyles.”
- 2. ENVIRONMENT** – There were 26 references related to the environment. The most frequently mentioned environment issue was around safety and feeling safe (11 references). Other

environmental sub-themes mentioned were having a supportive built environment that promotes health, and having a clean environment.

- HEALTH EQUITY** – There were 24 references to this theme. Several references mentioned equity directly but many comments referenced “health for all people”. One summit attendee said that the healthiest community is [the] *“belief that people are more than the number of days they work, the color of their skin, how much money they have - they are a whole person with real needs and real value.”*

QUESTION 2: WHAT PARTICIPANTS AND ORGANIZATIONS SAY THEY CAN DO

Count	Theme
74	Collective planning and development (i.e., collective impact) Active Partnerships (40) Connect People with Resources (18) Funding and Resource Management (11) Organizational Sharing (5)
10	Community Engagement
9	Education
6	Advocacy for Most Vulnerable
5	Integrity

QUESTION 2 MAIN THEMES AND QUOTES: HOW CAN YOU/YOUR ORGANIZATION HELP....

The main theme mentioned in response to question 2 about making Weld County the healthiest community was about collective planning and development. Although not mentioned directly many participants seemed to reference working collectively to impact community health.

ACTIVE PARTNERSHIPS – Many summit participants mentioned this theme. They mentioned collaborating, partnering, and engaging their partners. One notable quote from a participant was *“Collaborate! Work with other agencies as much as possible and try to develop partnerships for now and for the future endeavors.”*

CONNECTING PEOPLE/THE PUBLIC WITH LOCAL RESOURCES – For this theme, some participants were very specific in saying what their organization could do and others answered more broadly. For example, Weld Food Bank said their vision is to provide access to healthy food which helps keep health care costs lower and fuels children for learning. Someone from Northrange said that committing to providing Mental Health First Aid to every organization on the dashboard was desirable. Public health staff mentioned staffing more mobile units while another participant mentioned that more outreach to rural areas is needed.

FUNDING AND RESOURCE MANAGEMENT – The comments mentioned in this sub-theme included referencing leveraging assets, supporting efficient data collection and sharing and use, continuing to use our community health survey to develop relevant and responsive programs, and finding more funding.

ORGANIZATIONAL SHARING – Several participants mentioned sharing data and survey information in order to as one person put it: *“identify common goals/projects and work towards these; helping to figure out how to resolve/reduce redundancy and inefficiencies to collaboration.”*