

Welcome!

Thriving Weld County Action Meeting

February 7, 2018
Doubletree Hilton, Greeley, CO

Thank you again!



Thank you again!



Reminders



EXIT



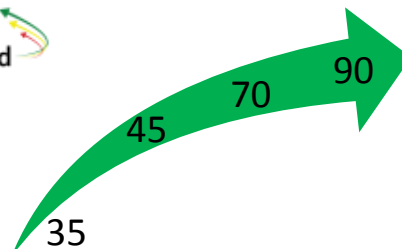
Looking back



Where have we been?



More partners



Thrivng Weld Community Dashboard



FOR MORE INFO, VISIT www.thrivngweld.org

Healthy eating successes

- Over 80% of healthy eating measures are on target or close to their target.
- At least 50% are trending in a positive direction including:
 - children's sugary drink consumption
 - fruit and vegetable consumption
 - overweight and obesity
 - infant breastfeeding practice



Healthy eating successes

Programs & Policies

- Family Fun Program, Double Up Food Bucks Program, increased school health and wellness activities
- 5210 Children's Obesity Prevention Messaging Campaign
- Wellness, breastfeeding, and healthy food & beverage policies in workplaces, municipalities, schools and organizations
- Expanded farmers' markets and community gardens



Active living successes

- **Almost 80%** of active living measures are on target or close.
- About **60%** are **trending in a positive direction** including:
 - children's time spent in front of a screen on weekdays
 - children's use of active transport
 - adolescents physical activity
 - adult physical activity and
 - adults bike and walk commuting



Active living successes

Programs & Policies

- Mileage clubs at schools
- Family and community fun rides and bike safety rodeos
- Increased bike lane and trail miles and improving connectivity
- Municipality bike master plans and complete street policies



Healthy mind and spirit successes

- **Nearly 90%** of healthy mind and spirit measures are on target or close.
- **50%** are **trending in a positive direction** including:
 - Adolescent alcohol use, tobacco use, binge drinking, and suicide ideation.
 - Suicide deaths and hospitalizations have decreased.
 - The number of adult "not good" mental health days also decreased.



Healthy mind and spirit successes

Programs & Policies

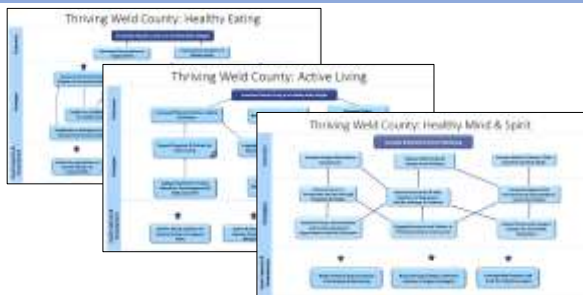
- Expansion of Mental Health First Aid training
- Expanded youth substance abuse prevention and suicide prevention work
- Continued physical and mental health care integration at clinics and schools
- Opioid Task Force has been formed to address rising drug overdose deaths



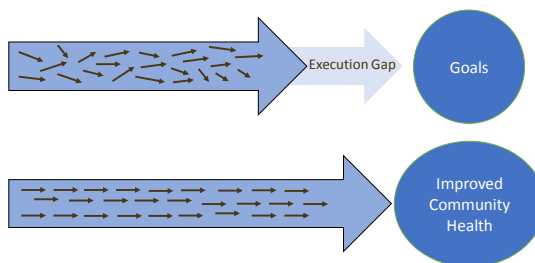
Looking forward: what next?



We have strong road maps



Deep durable impact



Current priorities still salient

Based on **CHA findings**, it appears our **current priorities** are **still leading issues**.



Obesity is still a concern in Weld County

“Obesity is one of the biggest concerns in communities across the country.”

(Trust for America's Health, The State of Obesity: 2017)

In 2016, the **obesity rate increased** in Colorado and in Weld County.

Weld County's obesity rate is **significantly higher** (31%) than Colorado's (22%).

Weld workforce health 2.0

Almost **5 in 10** Weld County working age adults in the workforce have one or more **chronic physical health** or one or more **behavioral health conditions**.

Summit takeaway: collective aspiration

Make **Weld County** the best place to live, learn, work, and play by working toward **“health for all people”** (physical and behavioral) through having a safe, clean, health-promoting built environment.

Summit takeaway: achieving our vision

- **Work more collectively to impact** the community's health
- **Stay active partners** with other organizations as much as possible
- **Leverage each others assets**
- **Share and use our data**
- **Seek more funding for our efforts**
- **Partner to connect** the general public more with available community resources

We need your input

Partner Poll

Responding with Poll Everywhere

tw2018

Open a web browser on your phone, tablet, or computer and go to:
Pollev.com



Web voting

Text voting

tw2018



What's my presentation on like?

It's amazing A

It's incredibly amazing B

It's aw/riht C

22333

Word Cloud Results

- 60 people responded 100 times
- Top three most frequent words were:
 - Addiction (some said addiction, some said opioid addiction)
 - Mental health (some said behavioral health)
 - Obesity
- Upon further analysis and condensing, the themes were:
 - Behavioral/mental health
 - Addiction/Opioid addiction
 - Obesity, HEAL, chronic disease and risk factors
 - Social determinants of health
 - Health care access, coverage, and costs

Thriving Weld 2018

Save these dates!

May 30, 2018*

August 1, 2018

November 7, 2018 – 2nd Thriving Weld Health Summit

All to be held at Doubletree Hilton, Greeley, CO

Action breakout group locations

- **Healthy Eating** – Big Thompson A
- **Active Living** – Colorado Rockies Retreat Room, 6th Floor
- **Healthy Mind and Spirit** – Cache La Poudre

Action breakout group sharing

- Workgroup chair and co-chair
- Top strategies identified in priority ranking process (if done)
- At least one “light-bulb” moment or other group outcome from the session



Thank You!

