

TRANSFORMING HEALTH CARE

Notable progress!

Weighty Challenges

Promising Innovative Local Changes

2019 THRIVING NOCO SUMMIT

Carol Plock, Executive Director
Health District of Northern Larimer County
November 6, 2019

Celebrate! – Dramatic Reductions in Uninsured

Far Fewer Without Health Insurance (18-64)

Larimer County	2013	2016
Total with No Health Insurance	12%	4%
Poverty and “just above” ¹	36%	5%
Lower middle income ²	24%	7%

¹ < 138% FPL

² 139-250%



Health insurance: Big Difference for Those with Low Income

Those with low incomes unable to fill
Prescriptions due to cost:

27%



12%

Those needing **Mental Health Care** – far better chance of getting it

People with low incomes who
put off a visit to a mental health
provider:

2013
49%

2016
19%



Challenge #1:

Remaining Chasm: 'I Can't Afford to Get Care'

Shaky Security for Middle Income

Lower Middle Income (2013, 2016)

- No health insurance: 24% → 7%
- Put off going to a health care provider due to cost: 53% → 61%
- Worried they will be unable to afford health insurance: 71%



Health care and financial
SECURITY
matters deeply to people



“We can afford health insurance, but we can’t afford to use it.”

- Community Discussion Group Participant, 2019



Challenge #2:

Tackling Substance Use Disorders Head On

- Addiction is a health condition that rewires the brain
- In Larimer County, 26,000 people live with it
 - Only 1 in 10 get treatment



- Study of jail frequent utilizers:
 - 9 of 10 have substance use disorders
- Treatment can work – gold standard includes medication-assisted treatment (MAT)

Rethinking Addiction: A Call to Action for Medical Providers

Rethinking Addiction: A Call to Action for Northern Colorado



Corey Waller, MD

"If we can move past the stigma and treat addiction the same way we do heart disease or diabetes, we will be able to build systems of care that integrate all of the hard-fought wins in medicine with what had been viewed, in the past, as an orphan disease."

Northern Colorado Opioid Prevention Workgroup

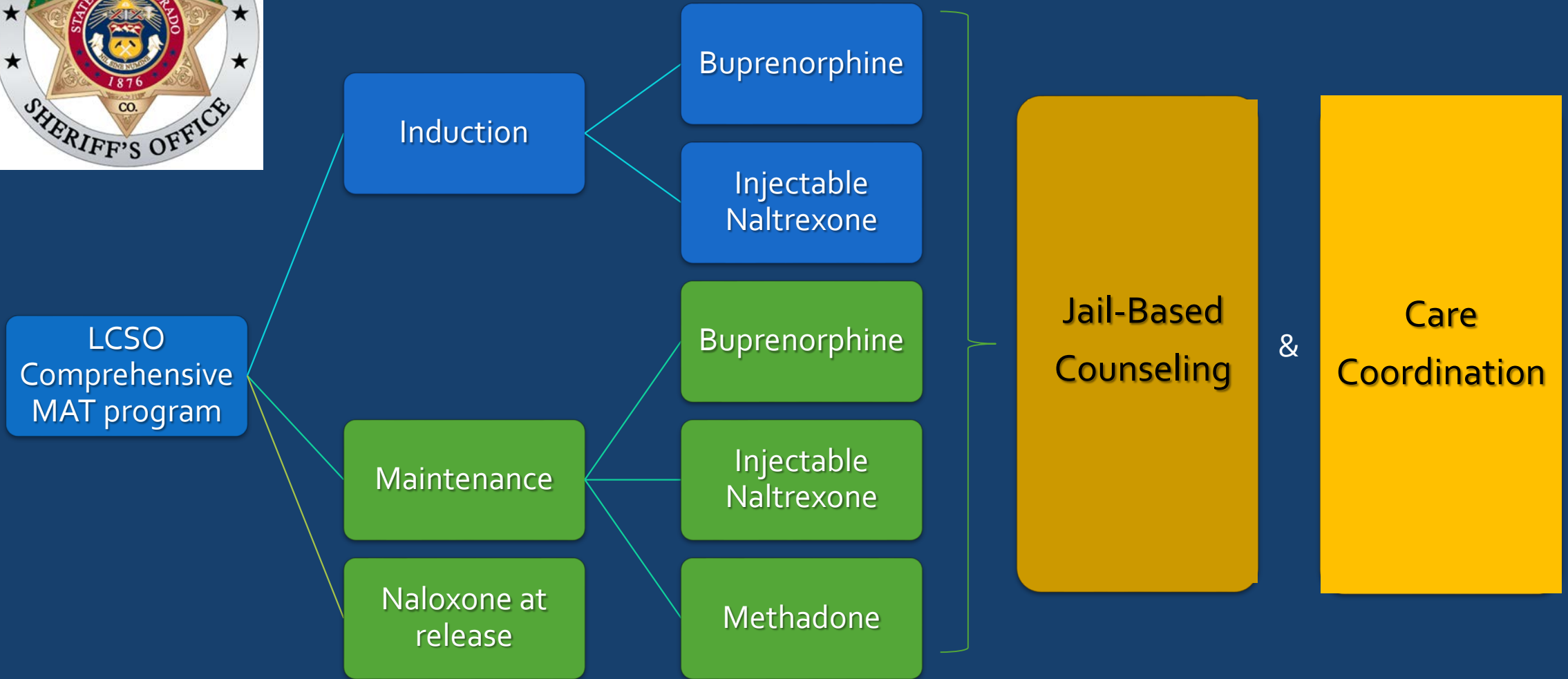
One call # 1-844-944-7529



**COLORADO OPIOID SYNERGY
LARIMER & WELD**

Treat Addiction. Save Lives.

- Provider call number to ensure MAT care coordinator follow-up for treatment induction, continuation of treatment and care management
- Community call number for those interested in MAT
- Call directly to director then triaged to respective care coordinator



MEDICATION ASSISTED TREATMENT IS THE STANDARD OF CARE

Keys to Success: MAT in Jail



- Substance use counseling in jail
- MAT Care Coordination: Critical to Success

- 13 organizations actively involved to plan, begin, continue people in treatment

310 in 7 months – 114 continued
5 months – 196 induction

Challenge #3:

People With Complex Needs Require Extra Assistance

Issue:

- Complex needs can stem from:
 - Multiple conditions, functional & cognitive impairments, MH/SUD, etc.
- Our health system approach focuses on one illness, medical care is often blind to the rest
- Incredibly high impact on health, MH, health care utilization, cost

Local Response

- Create a collaborative customized response!
 - **North Larimer County Medicaid Accountable Care Collaborative (MACC)**

Primary Care: Salud, FMC, AFM
Regional Accountable Entity (RAE): RMHP

Behavioral Health: SummitStone
Health System: UCHealth

MACC Team Organization

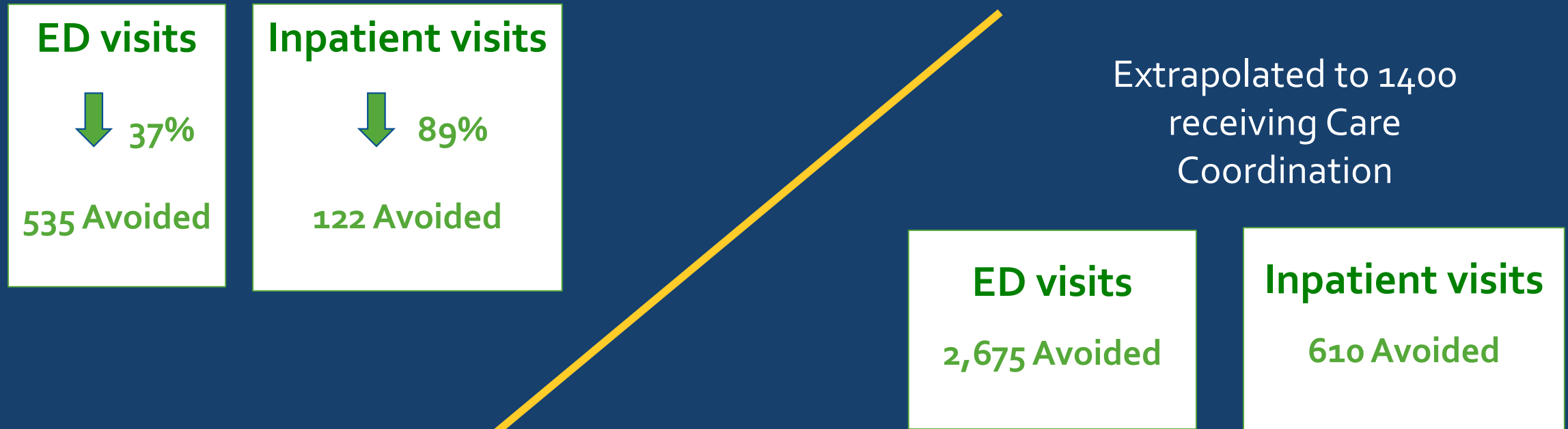
- **Pooled Funding**
- **Trans-disciplinary Team**
 - Nurse practitioner, RN, behavioral health specialists, care coordinators, transitional care, etc.
 - UCHHealth North Community Health/SummitStone
- **Targeted Population**
 - Complex Needs
- **Moderately Intensive to Intensive Care Coordination**
 - 353 average daily open cases
 - 44 average case load/coordinator



Impact of MACC: 2019 Comprehensive Evaluation Report

Comparing Treatment Group to Control Group

12 month before start to 12 month after



Estimated \$6.9M Total Savings

Three Take Aways



- **Financial Burden is Real**
Need better national solution, especially for middle income



- **Increasing & Improving Treatment for Substance Use Disorders is Critical**



- **Targeted Assistance for Those With Complex Needs Yields Big Health/\$\$ Impacts**

Health. Is. Everything.

“Life, at times,
throws *everybody*
curve balls.

Everyone deserves the opportunity to
know that their health matters and they
will be cared for in times of need.”

- Client, Larimer Health Connect

