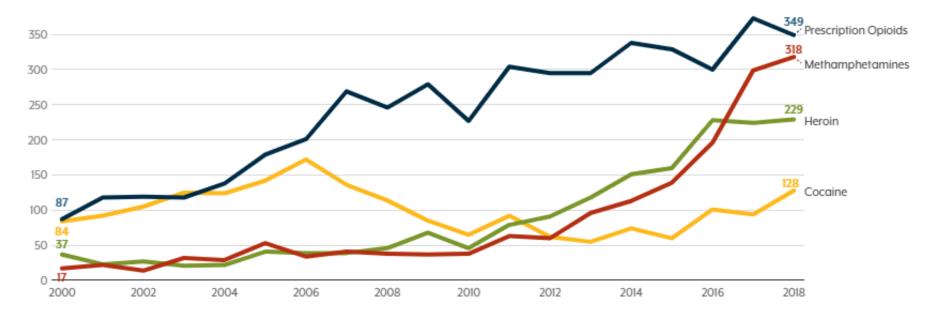


### Wings: Two-Generation Addiction Treatment for Pregnant Women and Women with Small Children in Northern Colorado

Kathryn Warner, MA, CACIII | Janis Pottorff, LCSW, IMH-E<sup>®</sup> III | Tiffany Gunnells, PhD, LPC, CACIII



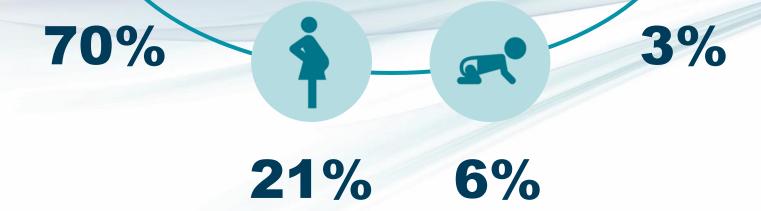
#### Number of Drug Poisoning Deaths in Colorado by Drug Type, 2000-2018



Categories are not mutually exclusive (may total to more than 100% of total drug overdoses) or comprehensive (other drugs not listed).



### Family-Oriented Treatment



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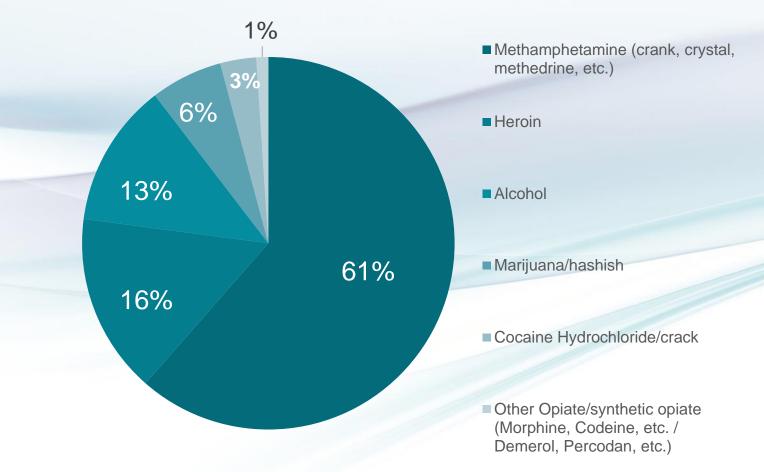


# WHO?

- 96 Mothers were admitted to Wings
- 90% successfully graduated Average days of treatment 71 days
- 8 Babies were born while their Mothers were at Wings
- 35 Number of children who came to Wings with their mothers



# WHAT?



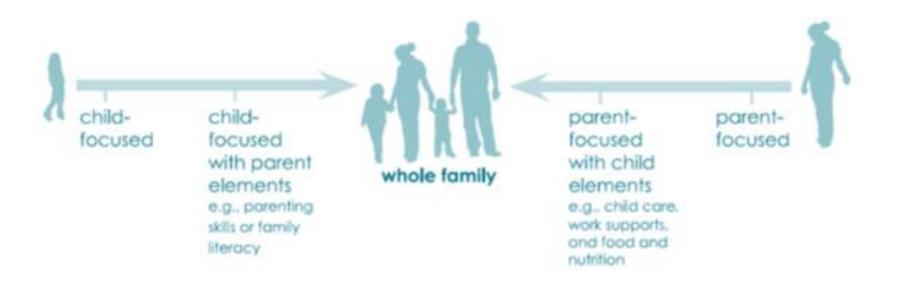


### HEALTH OUTCOMES FROM POSITIVE EXPERIENCES

- Being in nurturing supportive relationships
- Living, playing, and learning in safe, stable, protective and equitable environments
- Engaging in constructive social / civic activities that develop a sense of connectedness
- Developing social and emotional competencies



### HOW? THE TWO-GENERATION CONTINUUM



## HOW? RESPONSIVE RELATIONSHIPS

- Infant & Early Childhood Mental Health
- Incredible Years
  - Incredible Babies
  - Dina School
- <u>SafeCare®</u>
- Parent-Child Psychotherapy
- Parent-Child Interactive
  Therapy
- Parents as Teachers
- Trauma-Focused CBT

whole family

- Integrated Psychotherapy
  - Group
  - Individual
  - Family
- Seeking Safety
- Recovery Coaching
- Dialectical Behavioral Skills
- Wrap Around Services
  - Medical
  - Nutrition
  - Childcare
  - Vocation/Education
  - Care Coordination



### HOW? PHYSICAL HEALTH

- Prenatal/Postnatal/Postpartum Care
- Health care and vaccinations for children
- Health education
  - Hand washing
  - Infectious Disease Prevention/Treatment
  - Nutrition
  - Harm Reduction
  - Women's Health Issues
- Medication Assisted Treatment
- Psychiatric Services

- Building community and support
- Resiliency
- Continuum of Care
- Maintenance & Aftercare



## **QUESTIONS?**



# **THANK YOU**

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